

Work-Energy Theorem Notes

<https://www.brightstorm.com/science/physics/energy-and-momentum/work-energy-theorem/>

Definition:

Work-Energy Theorem- The net work on an object causes a change in the kinetic energy (KE) of the object.

Looking at the formulas:

$$W = \Delta KE$$

$$\begin{aligned} \textcircled{1} \quad W &= KE_f - KE_i \\ \textcircled{2} \quad W &= \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2 \\ \textcircled{3} \quad Fd &= \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2 \end{aligned}$$

Looking at the units:

$$\begin{aligned} \text{Units for } W &= J & \text{Units for Energy} &= J \\ J &= J \\ 1 \text{ Nm} &= 1 \text{ J} = 1 \frac{\text{kgm}^2}{\text{s}^2} \end{aligned}$$

Practice problems:

1. What is the net work required to accelerate a 3kg object from 2 m/s to 4 m/s?

Formula: $W = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$

Plug in numbers:

$$\begin{aligned} W &= \frac{1}{2}(3\text{kg})(4\text{m/s})^2 - \frac{1}{2}(3\text{kg})(2\text{m/s})^2 \\ W &= 24 \frac{\text{kgm}^2}{\text{s}^2} - 6 \frac{\text{kgm}^2}{\text{s}^2} \end{aligned}$$

Answer:

$$W = 18 \frac{\text{kgm}^2}{\text{s}^2} = \boxed{18 \text{ J}}$$

2. What is the net work required to accelerate a 10 kg object from 8m/s to 14 m/s?

Formula: $W = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$

Plug in numbers:

$$W = \frac{1}{2} (10 \text{ kg}) (14 \text{ m/s})^2 - \frac{1}{2} (10 \text{ kg}) (8 \text{ m/s})^2$$
$$980 \frac{\text{kgm}^2}{\text{s}^2} - 320 \frac{\text{kgm}^2}{\text{s}^2}$$

Answer:

$$W = 660 \text{ J}$$

3. What is the force required to move a 12kg object from 4m/s to 6m/s a distance of 2 meters?

Formula: $Fd = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$

Plug in numbers:

$$F(2\text{m}) = \frac{1}{2} (12 \text{ kg}) (6 \text{ m/s})^2 - \frac{1}{2} (12 \text{ kg}) (4 \text{ m/s})^2$$
$$216 \frac{\text{kgm}^2}{\text{s}^2} - 96 \frac{\text{kgm}^2}{\text{s}^2}$$

Answer:

$$F = 60 \text{ N}$$

$$F(2\text{m}) = \frac{120}{2}$$

4. A 1500 kg car accelerates from rest to a velocity of 25m/s over a distance of 45 meters.

a. What is the change in kinetic energy?

$$\Delta KE = KE_f - KE_i$$

$$\Delta KE = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

$$\frac{1}{2} (1500 \text{ kg}) (25 \text{ m/s})^2 - \frac{1}{2} (1500 \text{ kg}) (0 \text{ m/s})^2$$

$$\Delta KE = 468,750 \text{ J}$$

b. What is the work done on the car?

$$W = \Delta KE$$

$$W = 468,750 \text{ J}$$

c. What is the net force applied to the car?

$$W = Fd$$

$$468,750 \text{ J} = F \frac{(45 \text{ m})}{45}$$

45

45

$$F = 10,417 \text{ N}$$